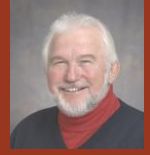


Some People are like Pop Cans



Dealing better with people who vent their frustrations towards you.

Dave Neely will share his perspective on the roller coaster ride in today's environment. He will provide insights into how to become more resilient.

Dave will improve your ability to deal with stressful situations such as:

- Aggressive Customers: Is this a new normal?
- Lack of Respect
- Rude Behaviour
- And more ...

Many people run around full of negative energy, anger and frustration. As their negativity builds up, it becomes a kind of virus which can easily be spread to others. They need a way to get it safely out of their system. You must learn not to let their virus infect you and ruin your day. More importantly don't take it home with you.

4 signs of emotional distress.

Physical: Low energy, aches and pains, frequent illness

Emotional: Irritability, feeling overwhelmed, moodiness

Cognitive: Inability to concentrate, memory problems

Behavioral: Eating/sleeping issues, procrastination

Are any of these affecting you?

About The Facilitator

Dave Neely is a Kingston-based speaker and training consultant. You will enjoy his passion and practical insights into human behavior.

He will share many experiences in dealing with life and his proven Emotional Intelligence strategies for staying positive no matter what life hands you. The session will leave you inspired and optimistic about your path forward.

Who should attend?

Anyone dealing with aggressive or dis-respectful behaviour at work or home. It will help you create a more positive path forward.

COST

Call for details

Special spring discounts

Available Options

- Customized Sessions
 - > full/half days
- Keynotes
- Assessment valued at \$125 **Sample:** <http://neely-training.com/wp-content/uploads/2015/11/Behavioural-Intelligence.pdf>

For More Info: D.K. Neely & Associates (613) 546-6532

Email dkneely1@outlook.com

Website www.neely-training.com

Participant Comments from Similar Sessions

"Thanks for presenting a great and much needed webinar – it was well received" - ORBA

"It left me with unforgettable messages. When I left the workshop, I felt different and was very uplifted" - OCA participant

